

Highlights

Home Hospice™ of Grayson, Cooke & Fannin Counties

P.O. Box 936 • Gainesville, Texas 76241-0936
1001 E. Broadway • Gainesville, TX • 940-665-9891
www.homehospice.org • info.cooke@homehospice.org

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Bottom Picture: Gang that worked with Kelly from day 1: Debbie Fulton, Marty Barr, Sherry Little, Donna Waters, Alana Williams.

Top Picture: Kanita Maxwell presents Kelly with flowers

The staff and Auxiliary officers of Home Hospice of Cooke County hosted a reception in honor of Kelly Lamkin on March 18, 2010 at the Landmark in Gainesville. Kelly is leaving Home Hospice after almost thirteen years as a Social Worker. Members of the health care community, co-workers, and families whose lives Kelly has touched came together to wish Kelly a fond farewell. The community room at the Landmark Bank was filled with well wishers that spanned the entire length of Kelly's career. Many of the people Kelly worked with in the past made a special effort to come and wish Kelly the best as she embarks on a new phase of her life. We know that no matter where Kelly goes she will always be a part of Home Hospice of Cooke County

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Highlights

Home Hospice™ of Grayson, Cooke & Fannin Counties

SAVE THE DATE: SEND IT ON LUNCHEON

THE AUXILIARY MEMBERSHIP DRIVE LUNCHEON

TUESDAY, JUNE 8 11:30 AM AT FIRST STATE BANK

SPEAKER: TAMMY VEGA, ADMINISTRATOR, COMMUNITY RELATIONS & VOLUNTEER SERVICES OF THE TEXAS YOUTH COMMISSION FROM AUSTIN

TICKETS \$15

CATERED LUNCH

"This luncheon, in which we enable members of our community to learn more about Home Hospice and our Auxiliary, is a great event that is enjoyed by the men and women of our community" says Cooke County Volunteer Coordinator Kathi Kirby. "This year's theme is 'Send It On' based on the idea of giving to others and passing your gifts of love and care on to other people, so that they in turn will give to even more people."

VOLUNTEER TRAINING: MAY 18, 20, 25, & 27 ALL FROM 9-12 AT MUENSTER STATE BANK IN GAINESVILLE

Home Hospice is looking for a few good volunteers to make a difference in the life of a patient and his or her family by becoming a patient care volunteer. This volunteer training is a rigorous training in which you learn about hospice, end of life care and the importance of helping people. A hospice volunteer is considered to be an integral part of our interdisciplinary team of RN case manager, social worker, spiritual advisor and certified nurse assistant. This team works together to provide the best end-of-life care for the patient, but also prepares and works with the family for the best possible death. A volunteer serves as a good friend or neighbor to the patient and family by reading to the patient, visiting, and allowing family members to get deserved rest or run errands. Volunteers do not provide personal care to patients.

This training is free. In order for adequate plans to be made, please call to register with Kathi Kirby at 940-665-9891.

STAFF MEMBER HONORED FOR SERVICE



FROM THE DESK OF THE DIRECTOR



"We aren't ready for hospice yet." "Mom has been told she only has several months to live, and we are exploring hospices so when she is ready, we will know who we want to use." "Mom has been really struggling to care for Dad in the last few months, but now that he is bed-fast, it's time to get help." "We aren't ready to face Mom's death, so we aren't calling hospice."

These and many variations are often heard by our staff, and by the staff members of facilities, hospitals and physicians' offices, as they explain all that Home Hospice can do for the patient and the family when one has a limited prognosis due to a serious illness. It is natural to be reluctant to seek help. It is natural to be hesitant to accept that someone we love, or that we ourselves, are beginning our journey through the final phase of life. Overcoming that reluctance can make a huge difference in the level of care we receive, the support available for our family, and our ability to finish our life under our own

terms. Choosing Home Hospice early in the journey brings many benefits that need to be investigated by all concerned in order that the greatest benefit possible be achieved – hope, peace and comfort – for the patient and for the family.

Hospice focuses on comfort care. While not seeking to cure the disease, our highly skilled professionals seek to ensure that the patient can enjoy an elevated level of comfort. Recognizing that not all pain is physical, our staff is interdisciplinary and trained in such a way that they address discomfort of the body, mind and spirit. When you are in pain, that is all there is. You are not able to experience the joys of moments with family and friends, to attend memorable events and celebrations, to truly engage in all that life has to offer. However when that pain is relieved, patients often experience many moments of pure joy – spending time snuggling with a grandchild, taking a long planned for trip, celebrating their own birthday or a child's graduation or other milestone, recording their own stories for family members to keep, engaging in their favorite activity or completing a special project. When comfort is achieved, many goals are possible.

Hospice care doesn't seek to take away hope. Hope for a cure: Sometimes, a new treatment is found or another option offered, and a patient wants to see if it will help. We encourage our patients to return to active treatment, if desired, and they may return to our care if it is needed at some point in the future. In these circumstances, our staff celebrates and hopes right along with them. Hope for a longer life: We all want as many days as possible, particularly if those days can be spent comfortably, enjoying family, friends, and life's activities. Not only does hospice care make that comfort possible, but recent research shows that hospice patients live longer than non-hospice patients with the same levels of disease. It is felt this is due to the consistency of care and the relief from pain and suffering experienced by hospice patients through the focused attention of professional staff and trained volunteers.

Hospice helps family members with caregiving. Many people are unprepared for their role as a caregiver for someone they love. Because hospice care focuses on the patient AND the family/caregiver, a great deal of education, support and guidance are provided for those in the caregiver role, enabling them to feel confident and secure in their care of their loved one, and allowing them to access support from professionals twenty-four hours a day to deal with any "bumps in the road." Home Hospice also provides the support of a fabulous group of trained volunteers to allow caregivers to have some time for themselves, to get some rest, to talk with someone who has also served in the caregiving role for a loved one, to receive a much-needed, home-cooked meal, to have help with transportation, and a myriad of other services that relieve stress and anxiety.

Hospice increases the quality of life. Along with providing much-needed comfort for the patient and incredible help and support for the caregiver, Home Hospice also provides a large array of programs and services that are specifically designed to enhance one's final journey. Through the services of trained volunteers, patients can tell their life story, provide pictures, and have it recorded in a book that can be gifted to those they care for most; or a family can choose to have friends and family members from far and wide call a toll-free number recording messages of love and support for the patient, allowing them to be surrounded with familiar voices even through the final moments of their life, and often recording favorite stories and memories in the process. Home Hospice provides extensive support to the family after the death of their loved one – mailings, support groups and individual support are all available at no charge, providing security and relief to our patients and wonderful support for family and friends, if desired or needed. Volunteers can also create a keepsake bear from a much-loved article of clothing and these Bear Hugs bring a great deal of comfort to families because they hold special memories of their loved one for years to come.

Home Hospice can bring financial relief. Frequently, whether after short or extended periods of treatment for disease, finances can be stretched in a significant way. Because the hospice benefit under Medicare, Medicaid or private insurance includes not only all professional and volunteer services, but also the medications related to the terminal illness, the medical supplies needed for care of the patient, and the durable medical equipment needed to increase comfort and ease caregiving, with no additional expense to the family, hospice care can bring financial relief. Because our communities generously support Home Hospice as a non-profit, those patients facing this final journey without benefit of Medicare, Medicaid or insurance, can also receive those benefits without additional financial burden.

There are many more reasons to seek hospice care, and to seek it early. We would be happy to discuss our programs and services with you as you consider your choices. Call us, we'll be right there.

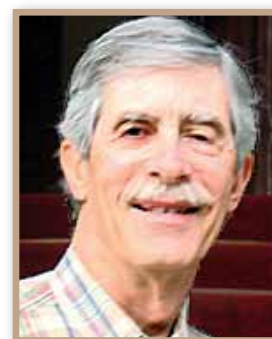
— Sherry
Volume XXI, Issue II

SPOTLIGHT ON OUR BOARD OF DIRECTORS



Gerri Bandemir was born & raised in Midland, Texas, and graduated from Texas Tech with a Business degree. She was a banker for eight years before her daughter Samantha was born 16 years ago. Her current title is "community volunteer." She and her husband Scott have lived in Sherman for 20 yrs. She is Treasurer and an active member at Grace United Methodist Church. She has previously served on the Board of the Crisis Center; assisted with United Way as a Community Impact Team volunteer and on the "Special Events" committee. She is the Treasurer for Home Hospice this year. She says about Home Hospice, "When I first became involved with Home Hospice, I knew intellectually it was a well run organization fulfilling a critical need in our community; however, my family has now experienced first hand the comfort and support of Home Hospice when Scott's mother required their services. This is a group of caring, humble, professionals who are truly dedicated to the physical & spiritual care of terminally ill patients and their families."

Sheila Graham is a retired editor and writer. Though retired, she still writes and edits freelance. She has masters degrees in both Religion and in Women's Studies in Religion. She is married to Ed Graham, now retired from Los Angeles City College as supervisor of broadcast engineering. Ed is a patient care volunteer and Sheila has volunteered primarily in the office in Gainesville for four and a half years. She says, "I wanted to do volunteer work after I retired, but my time was limited. Of the organizations considered I chose Home Hospice because I believe it fills one of the greatest needs in the community, the comfort and care of those in the last phase of their lives."



Born in San Juan, Puerto Rico, and growing up in La Jolla, California, David Stone has seen and experienced much of The World; from Viet Nam to Chino Valley, Arizona. A graduate of Austin College, he and his wife of nearly 39 years, Carleen, chose to live and rear their family in Sherman, where David has practiced as a Financial Advisor and Wealth Management Specialist for 33 years - all at the same desk. "My involvement in Home Hospice of Grayson County, Inc. has come naturally. Death is as natural a part of life on this earth as birth. How we (and our families and loved ones) choose to live out our last days, weeks, and months is greatly enhanced by the loving and unselfish care of this wonderful organization. We all have the opportunity to cross the finish line with a smile on our face thanks to Home Hospice of Grayson County, Inc."

YOUR DONATION CAN MAKE A DIFFERENCE

Your tax deductible donation to Home Hospice, a 501(c)(3) organization, makes a positive difference in the lives of our patients. Monies donated will go toward patient and family care.

Name of Donor: _____

Address: _____ City, State, Zip _____

Enclosed is my gift of \$ _____ (A credit card donation may be made by calling our office)

This gift is given "In Memory of" ____; "In Honor of" ____; other (please specify) _____

The person's name is _____

Please send acknowledgement of this gift to: _____

Address: _____ City, State, Zip: _____

Please return your donation, made out to Home Hospice, to our office or mail to the address listed on the address side of the newsletter.



HOSPICE HUGS



All aboard!! Home Hospice Volunteers had the opportunity to ride the trolley courtesy of City of Gainesville. It was a short ride, but really fun!

Fred Wills of GISD was our super hero on the ride in the trolley. Fred, we appreciate your professionalism and your smile.

Anita Morris of Backstage Café warmed the hearts and bellies of the volunteers at the "Volunteer Coffee". The blueberry coffee cake was warm and delicious. Thanks Anita.

Starbucks added some kick to the "Volunteer Coffee". We appreciate your participation in the community.

Say cheese! Gene from Gene's photos took a group picture offee. This picture will be in the NTMC Foundations "Special Addition" printed by the Weekly News. The ad was partially paid for by members of Home Hospice's Advisory Council and Auxiliary.

Landmark Bank's new facility is beautiful and we thank them for allowing us to use it for Auxiliary Coffee and Kelly's farewell party. We are glad to have you in the community.

Sherry Kuykendall of IntegraCare Home Health, Rhonda Beam of Gainesville Health & Rehab and Cindy Geray of Renaissance Care Center have stepped up to the plate when we needed help.

When we feel lost and alone it is nice to have something to comfort us. Our Bear Hugs Volunteers make sure that is a possibility for some of our families. These tiny treasures mean a great big deal to our families. Thanks for taking your time to care.

The new program, "Whispers From Home" has gotten a good start thanks to volunteers Pam Evans and James Hawk. We have completed two of them now and we

couldn't have done it without the two of you. You are great!

We would like to welcome the "Center of Hope" to the Gainesville area. This program is run by the First Baptist Church and will enable residents to get help and direction in their time of need. We appreciate you including Home Hospice as an agency. We look forward to working with you.

First State Bank is always out there supporting the community. We thank you for the use of your facility for our Red Hat Appreciation and for the bottled water for the golf tournament.

A special thanks to Gayla Blanton of NTMC and her IT boys for the help during our "Hospice Teleconference". Even though we had some technical challenges you all rose to the occasion and made it a great event.

It is because of the wonderful persons of Cooke County and our fantastic volunteers that Home Hospice of Cooke County continues to grow and to shine. You make us what we are.

Thanks to Cooke County United Way for their continued support.

Thanks to American Bank for patient birthday cakes.

Thanks Advisory Council and all our volunteers for work on golf tournament.

Lutrull McNatt who donated a truck and \$1,000 cash prize for the golf tournament hole-in-one contests.

Meet our New Chaplain

Welcome to Sheryl Myers who joined the staff at Home Hospice on March 15, 2010.

She has B.A. in Bible Theology and a B.A. in Music Education and she moved to Lubbock to get her certification in Clinical Pastoral Education. She worked at Covenant Hospital during her schooling there and did over 3,000 hours of critical care counseling. She has been working for Interim Hospice in Lubbock as a Hospice Chaplain.

Sheryl has two daughters, Betsy who lives in Indianapolis, IN and Ginger who lives in Brooklyn, NY. She was born and raised in Galesburg, Illinois.

She loves movies, the theatre and to sing (but is out of practice) and books. Her family and friends are her highest priority. Welcome Sheryl.



LETTER FROM THE AUXILIARY PRESIDENT



As I read the latest issue of the newsletter from Texoma Senior Corps., Christina's Corner really caught my eye, where she stated, "I would love for you to share your volunteer stories."

I began my service as a volunteer while working in Washington, D.C. by working many hours with young people and as a sponsor on several camping events for the church I was attending. Today, I, like many of you, continue volunteering for many organizations in Cooke County, and discover each and every day that there are many, many benefits to being a volunteer.

The volunteer opportunities with Home Hospice are widely varied and the investment of the staff & other volunteers in ensuring that volunteers have the tools and knowledge they need to have confidence in their area of service, makes volunteering for Home Hospice a wonderful experience. Through the care and support provided, you see the volunteers, and staff making a tremendous difference in other's lives. Being a volunteer you see first-hand all the needs met through the service Home Hospice of Cooke County provides.

"A good sense of humor is essential to deal with the world's reality." These words express how I feel about being a volunteer within our community's many service organizations. Home Hospice of Cooke County has really taught me a great deal and I am proud to say, "Volunteerism is great! because reality has proven that with team work we can do great things."

April is Volunteer Appreciation Month across America. Thank a volunteer today; and then consider reaping the benefits of volunteering. You get to choose the difference you make, choose to make a difference in the lives of patients, families, and community members through Home Hospice of Cooke County.

Have a happy spring.

BEREAVEMENT VOLUNTEER TRAINING



Home Hospice will be having Bereavement Volunteer training for new volunteers who would like to work in our Bereavement Program. You might want to consider walking with someone on their journey of loss by being trained to send personal notecards or make phone calls, talk and listen. Support for those who grieve from someone who understands can make a huge difference in the healing process. We ask that a person wait a year after the death of a loved one to become a volunteer. This provides time to heal.

See dates and places along with RSVP deadlines below:

Gainesville

April 20, 2010 from 6:00 to 8:00 P.M.
Muenstar State Bank
RSVP by April 13 at 940-665-9891

Sherman

April 27, 2010 from 6:00 to 8:00 P.M.
First United Methodist Church Sherman
RSVP by April 20, 2010 at 903-868-9315

OR

You may also sign up for either location by emailing Jolene Senek at jolene.senek@homehospice.org.

DINNER AND A MOVIE



Join us for dinner, a movie that relates to grief and loss, and discussion that compares fiction to reality. The movie that will be shown and discussed will be *My Girl*. See dates and places along with RSVP deadlines below:

Sherman

April 19, 2010 from 6:00 to 8:30 P.M.
First United Methodist Church, Room 129
RSVP by April 13, 903-868-9315

Gainesville

April 26, 2010 from 6:00 to 8:30 P.M.
Muenster State Bank
RSVP by April 20, 940-665-9891

OR

You may also sign up for either location by emailing Jolene Senek at jolene.senek@homehospice.org.



SPOTLIGHT ON VOLUNTEERS



Linda (Day) Davis was born and raised in Gainesville and graduated from Gainesville High School in 1963. She married Ken Davis from Valley View in 1965. They moved to Lubbock and then to California where they lived 36 years. Linda has a daughter and son-in-law Rich and Jana Doarn and a grandson Davis Doarn. They all live in Ft Worth.

When Linda came back to Gainesville, she decided it was a good time to volunteer and Home Hospice was a good place for her. She is the secretary of the Advisory Council and helps track volunteer hours. She is also involved in other organizations. She loves to play bridge in her spare time.

Fay Hamric serves on the Advisory Council of Home Hospice of Cooke County. Fay and her husband Dan live in Muenster and are avid golfers, providing leadership for our annual Golf tournament each spring. Fay moved to Muenster several years ago from El Paso. She is a retired elementary school teacher. She and Dan have three children and four grandchildren and they enjoy spending time with their family. Fay is a member of the Muenster Hospital Auxiliary and the Catholic Daughters of America and has served on the Advisory Council of Home Hospice of Cooke County since 2006.

"I have had the wonderful opportunity to serve on the Advisory Council of Home Hospice. This gives me comfort to support the patients and their families in our community. I feel serving for Home Hospice truly enriches my life."



Jane Dudley says, I was born and raised in New Jersey, graduated from high school and college there. I met my husband in Jersey, although he was from Alabama. We moved to Alabama in 1962, soon after the birth of our first son. We lived there and in Tennessee for four years and had our second son. We came to Texas in 1966, and have been here for 44 years. Our third son was born here. I taught at the State School for 33 years, and loved every moment of it.

"My husband died in 1963 from ALS and was cared for by Home Hospice of Cooke County for 18 months. Hospice became my family and I have volunteered with them since my retirement in 1999. I'm active in my church, singing in the choir and playing bells, and on the board of the

Learning Tree Pre School. I also serve on the Keep Gainesville Beautiful board and the Home Hospice Advisory Council. I have three children, 10 grandchildren and four great grandchildren that keep me quite busy. It's a privilege to be associated with such a fine organization."



Dear Volunteers,

April is National Volunteer Appreciation month and Home Hospice is truly grateful for the service and dedication of each and every one of you. I believe that volunteering – finding something you care passionately about and giving yourself to it – can truly change your lives, just as it dramatically changes the lives of those you serve. We couldn't possibly provide the level of care, the amount of support or the array of programs that we provide without your commitment of time, talent and heart. I am privileged to work with an organization that has so many wonderful volunteers. I am honored to work alongside each of you in serving our patients, our families and our communities. I am also grateful to know many of you personally – you have touched my heart in ways you will never know – and I hope that I can come to know every one of you in the near future.

Each person gets to choose the difference they will make to others. Thanks to all of you for choosing to make a difference with Home Hospice!

-Sherry Little



CLASSIFIEDS

WANTED

Editors for our Whispers from Home program

Whispers from Home is a program in which family members are able to send a telephone greeting to a loved one who is on service. When all the messages are recorded, we need an "editor" to turn the phone messages into mp3 files, edit the files, if necessary, and then burn them to a CD for the patient. Hearing is the sense that people keep the longest. Sometimes a person who appears to be non-responsive is able to hear. We feel that this is a wonderful program for our patients.

What you will need: Computer with internet connection and CD burner. Knowledge of your audio editing software. Moderate amount of computer skills, and email.

Time commitment: Depending on the number of calls the patient receives, one project will take anywhere from one to eight hours to complete.

To volunteer in Cooke County call 940-665-9891.
To volunteer in Grayson or Fannin County call 903-868-9315.

Gentle Touch Volunteers

We need volunteers who will work with our Patient Services Consultant to do one on one hand and arm rubs for the staff in the long term care facilities.

What you will need: a desire to show support to the staff in long term care facilities by visiting with them for 5 minutes and giving them a gentle hand and arm rub.

Training and time: You will be trained in the process and asked to volunteer one-two hours a month when you are available.

To volunteer in Cooke County call 940-665-9891.
To volunteer in Grayson or Fannin County call 903-868-9315.

THANKS TO THESE BUSINESSES FOR SPONSORING OUR APRIL 18TH GOLF TOURNEY

Adams & Bennett, Attorneys
Dr. Edd Advincula, Family Health Clinic
Alpha Omicron Kappa
American Bank
Backstage Café
Ken Blanton Insurance
Barthold Tire
BDH (Grand Central)
Beall's
Michele Beck, CPA
George Bryant, State Farm
George J Carroll Funeral Home
Clement Keel Funeral Home
Cooke County Electric
Curves of Gainesville
Discount Tire & Brake
Dry Clean Super Center
Ron Dudley
William Dudley, Health Care Consulting, Venice, FL
Dustin Office Machines
Edward Jones, Lee Russell

First State Bank
Gainesville Printing
Hatcher & Harris, PC Attorneys-at-law
Hennigan Auto parts
WW Howeth
Hutcherson insurance Agency
I Love Nails & Spa
K&D Plastics
Bob & Sarah Kalina
Steve & Brenda Kitchens
Kiwanis Club of Muenster
Landmark Bank
Dr Bob McLeroy
Muenster Farm Mutual Fire Insurance
Muenster Hospital
Muenster State Bank
NASCOGA Credit Union
North Central Texas College
North Texas Marine
NorTex Communication
North Texas Medical Center
Del & Carol Maners and Clarke Selman

The O'Brien Family
Mark & Sue Peippo
Phils Collision Repair & Customs, INC
Plaza Pharmacy
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Ray of Sunshine
The Real Estate Company
Roane Family
Rohmer's Restaurant
Sears Medical
David Stone, Wells Fargo Advisors
Superior Machine & Fabrication
Lee Tatum, Attorney at Law
Texas Star Embroidery
Texoma Web Offset Printing LTD
Tierra Real Estate, LLC
Trevino Golf Studio
Trilogy
Joe Walter Lumber
John Webb, O.D., P.C., TSO of Gainesville
Henry & Janie Weinzapfel
Velton & Norman Williams
York Eye Associates



HOME HOSPICE STAFF

Executive Director
Vice Pres. Finance & Administration
Vice Pres. Quality & Care Delivery
Alternate Site Director
Clinical Director
Patient Care Coordinator
Hospital Liaison

Sherry Little
Tina L. Garner, CPA
Angela Appleton, RN, BSN
Jana Cockrell, RN
Vickie Putman, RN
Donna Pack, RN
Glen Davis, RN

Medical Director
Dale Davies, M.D.
Robert McLeroy, M.D.
Tammy Roque, M.D.
John Saunders, M.D.
Medical Director Emeritus

Associate Medical Directors
Ronald Van Buskirk, M.D.
Alex Ehsan, M.D.
Andy Nguyen, M.D.
Tahir Rana, M.D.
Larry Sears, M.D.
L.M. Mack Castleberry, M.D.

Hospice Nurses
Leila Bellows, RN
Susan Cassidy, RN
Lauren Durham, RN
Lisa Flowers, LVN
Clara Hellinger, RN
Kakie Mathis, RN
Barbara Nealon, RN
Debbie Perry, RN
Julie Roberts, RN
Deborah Seals, RN
Shelley Taylor, RN
Patient Services Coordinator

Hospice Nurses
Cheryl Bowen, LVN
Michele Cerra, RN
Al Ellis, RN
Sasha Hancock, RN
Suzanne Johnson, RN
Michelle Nash, RN
Raija Peippo, RN
Janet Petree, RN
Lynda Sandmann, RN
Vicki Parish Short, RN

Social Workers
Ann Black, LBSW
JoCarolyn Chambers, LCSW
Paula Perkins, LBSW
Community Services Liaison
Volunteer Coordinators

Social Workers
Cindi Wilson
Michele Bowerman, LMSW
Karen Miller, LCSW, LMFT
Jolene Senek, LBSW
Nancy Russell
Gretchen Huff
Kathi Kirby
Sheryl Myers

Spiritual Counselor
Sharon Allen, CNA
Laura Davidson, CNA
Crystal Gibson, CNA
Hayley Horton, CNA
Kelly Lewis
Stephanie McNutt
Leslie Northcutt
Lee Ann Stanley, CHPNA
Pam Wilson, CHPNA
Business Office Manager
Administrative Assistants

Hospice Aides
Nancy Aylor, CHPNA
Taryn Fontaine, CNA
Brittany Hamm, CNA
Mary Kelly, CNA
Kenna Mask, CNA
Stacey Mills, CNA
Kathy Sanders, CNA
Kendrea Taylor, CNA

Patient Care Secretary
Data Entry Specialist
Billing Specialist
Clinical Assitant
Human Resource Manager

Paula Youree
Lois Morris
Vicki McMahan
Melinda Kyle
Sherry Harbin
Nora Montgomery
Kylee Toney
Laurie Watson

WISH LIST

Donations of items listed below enable Home Hospice to practice the good stewardship for which we are known and to use our resources in the best way possible in caring for our patients, families and for all who grieve in our communities. Thank you and please do not hesitate to contact our office if you have questions or need help with a donation.

PATIENT CARE NEEDS

Extra long deep pocket twin size sheets
Baby room monitors
Baby wipes
Ensure-all varieties, all flavors
Boost—High Protein
Carnation Instant Breakfast
Pull ups medium or large
Digital Scales to enable nurses to weigh patients
Inexpensive red or maroon towels
Hospital gowns
Pre-paid gas cards for volunteers
Bible on CD or large print Bibles to read
Small drink cup with lid & hole for straw
Polyester Fiberfill 16 oz bags (for Bear Hugs)
Florist wire ribbon
Wireless door bells
Wrist type blood pressure cuff
2010 Drug Hand Book
Temporal Thermometer

OFFICE NEEDS

Blue ink pens
Copy Paper & card stock (white and ivory color)
Colored copy paper
Address Labels Avery #5160 (or equivalent)
Postage Stamps
Zip Lock bags—quart and gallon size
33 gallon trash bags & tall kitchen bags
Plastic Silverware & disposable plates
Cups (Styrofoam or paper)
Bottled water for events
Snacks for support groups
Sharpies & Tape (scotch & shipping)
Red or green folders (no pockets)
Cleaning supplies
Bud Vases
Curling Ribbon
Toilet Paper & paper towels
3 x 3 self-stick note pads
Disinfectant hand soap
AAA & AA Alkaline batteries
Colored desert size paper plates
Colored cocktail napkins
33 quart plastic totes

Please return to the Home Hospice office.

P.I.E. SERIES | PARTNERS IN EDUCATION

The P.I.E. seminars will be held the second Tuesday of every month from 12:00 to 1:00 P.M. through November 2010 at LIFE Specialty Hospital, which is located at 1111 Gallagher Rd. in Sherman. There will be pie and coffee served, but no lunch. However, LIFE Specialty Hospital invites you to go through their café line for a take out. If you mention that you attending the P.I.E. Seminar, you will receive a 10% discount for lunch.

The purpose of P.I.E. is to offer professional speakers in various fields who are able to give expert advice. The P.I.E. Seminars are collaboration among Texoma Council of Government, Area Agency on Aging, Wilson N. Jones Senior Passport Program, LIFE Special-

ty Hospital and Home Hospice.

The speakers and dates for the next few months are:

Tuesday, April 13 - Dr. Deborah Fisher
Options in Managing Chronic Pain

Tuesday, May 11 - Ms. Vickie White
You CAN Take It With You! (Pack to Travel)

Tuesday, June 15 - Michael Miller, MLS
Digging Up Roots—The Family Kind, v.2.0

Tuesday, July 13 - Dr. Bryan Kalil
Pediatrics

CAREGIVER COMFORT THYSELF SEMINAR

Home Hospice will be sponsoring a seminar, April 20 and 27 and May 4 and 11 from 1:00 until about 2:30 for all persons who are caregivers, especially for those who are chronically ill or those who have life-threatening illnesses. The seminar will be offered free of charge and will be held at the Denison Public Library, 300 W. Gandy in Denison

Each of the informal sessions has a new and different topic so you may attend any or all.

Some of topic are entitled Managing Care at Home, Emotional Health and Concerns of Caregivers, Legal and Financial Responsibilities, Compassion Fatigue, Grief, Taking Care of Yourself. The seminar will be led by Paula Perkins, LBSW, who is a social worker at Home Hospice.

There will be time allowed in each session for discussion and sharing. If you would have questions about the seminar, you may call Paula Perkins at Home Hospice, 903-868-9315.

THE LAST WALK

The Last Walk is a training seminar for pastors & pastoral care lay representatives and will be held Thursday, April 22 from 11:00 AM-2:30 PM (A light lunch will be served) at Landmark Bank in Gainesville, Texas.

Presenters include hospice-trained medical, social work, chaplain & other professionals.

Some of the topics are Maximizing a Good End-of-Life Experience, The End-Of-Life Process, End-of-Life Options, Spiritual Care & Self Care for Clergy & the Caregiver and Grief for the Patient and Family.

There is no fee to attend, but there is limited space and registration is necessary. Please call 940-665-9891 to reserve a place in the seminar.



MEMORIAL SERVICES IN GRAYSON, FANNIN AND COOKE COUNTIES “LIVE, LAUGH, LOVE...A LEGACY REMEMBERED”



Services will be held to honor the memory of those we love, through song, writings and a balloon release at the end of the service. Bring a blanket or a chair and a favorite picture or memento of your loved one to display at the service.

Cooke Memorial Service—May 10, 2010—Whaley United Methodist Church at 6 P.M.

Grayson and Fannin Memorial Service—May 17, 2010—Waterloo Lake Pavilion in Denison at 6 P.M.



2010 COOKE COUNTY MEMORIALS

Home Hospice acknowledges the many memorials and gifts that have been given. All gifts are tax deductible and acknowledged upon receipt. The individual whom the memorial remembers is in boldface. The following individuals were remembered and honored from January 1 to February 29, 2010. Every attempt is made to assure accuracy in recognizing donors. However; errors may occur. We ask for your assistance in correcting inaccuracies that you detect. Light Up A Life gifts are listed in the Book of Lights, kept at the office. They are not included in the list below.

IN MEMORY OF

Bessie Adams
Robert & Brenda Berry
Jerry & Gaylor Coleson
Jean & Gerald Hunter
Edwin Alexander
James & Mary Jean Lewis
Juanita Bengfort
Mr. & Mrs. David Spaeth
Shirley Weems
Rose Bezner
Anonymous donor at funeral
Mary Martindale
Grady & Linda Roller
Mr. & Mrs. David Spaeth
Jaime & Susie Sweeney
Freida Billingsley
Mary Jo Graham
Dorothy Bohls
Gainesville Council of Garden Clubs
Laura Bryant
Robert & Mary Martindale
Kevin Caldwell
Daniel & Darlene Dudenhoeffer
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Helen Cowan
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Katie Paris
June DeWitt
Shirley Weems
Pop Fenzl
Mr. & Mrs. William Ray Green & Family

Mary Frances Gordon
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David & Susie Reed
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James & Mary Jean Lewis
Ruthie Kelling
Thomas & Jo Brannan
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Robert Baker
Ruth Goudy
Donna Schneider
Marjorie Richardson
Shirley Weems
Gertrude Kline
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First Baptist of Gowensville
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Mr. & Mrs. David Spaeth
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Shirley Weems

2010 COOKE COUNTY MEMORIALS

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Joye Johnston
Lewis Rigler
James & Mary Jean Lewis
Vickie Sasser
Jean Holder & Family
Grace Scott
Binghams, Neals & Williams
Billie Dennis
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Margaret & Russell Duncan
Pat & Katie Price
Joyce Rigler
Jaime & Susie Sweeney
Evelyn Thornhill
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Patty Camp
Creative Hair Design – Donna, MaQuita, Joan & LaQuita
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Mr. & Mrs. David Spaeth
Vincent Zimmerer
Mary Jo Graham
Robert & Jean Lewis
Mr. & Mrs. David Spaeth
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Cooke County United Way

GIFT

Anonymous donor
Bearhead Baptist Church
Communication Workers of
America Local Chapter 6210
Lake Kiowa Chapel
Mary Scoville
Temple Baptist Church
Tom Thumb/Safeway
Marie E Zimmerer & Family

HONOR OF:

Bryan Ketterer
Tim & Mary Turbeville

MARK YOUR CALENDAR: NOVEMBER 9 AND 10, 2010



Internationally known speaker Kathleen Rusnak, PhD., author of *Because You've Never Died Before: The World of the Dying* will be speaking at Grayson County College. This event is held in November in celebration of National Hospice Month.

Kathleen is an ordained Lutheran pastor with a doctorate in Psychology and Religion. She has always been interested in the ultimate questions of life, the psychology behind religious beliefs and actions, and human transformation. She, in her own thinking, felt her only choice was to become a pastor and theologian. She was convinced that this was her niche to influence and change the world. To that end, Kathleen has been the pastor of three Lutheran congregations, has served as a hospice chaplain in two hospices, was the director of spiritual care and bereavement at another hospice.

Kathleen is a thought-provoking, humorous, and dynamic speaker. Her insights and introspective and reflective talks on relationships and spiritual care are motivating and conscious lifting.

Home Hospice is fortunate to be able to sponsor Kathleen Rusnak as a speaker. We bring her talk to our communities as a service to the general public, our religious community, as well as nurses, social workers and any others in a care giving role. CEU's will be available and are pending.

