

# Highlights

Home Hospice™ of Grayson, Cooke & Fannin Counties

P.O. Box 2306 • Sherman, Texas 75091-2306  
505 W. Center St. • Sherman, TX • 903-868-9315  
www.homehospice.org • info.hospice@homehospice.org

## HOME HOSPICE BOARD OF DIRECTORS

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# Highlights

Home Hospice™ of Grayson, Cooke & Fannin Counties

## STOP AND SMELL THE ROSES LUNCHEON

Thursday, April 29 at 11:30 a.m.  
at Austin College



The Home Hospice Auxiliary is proud to present well-known author Susan Albert.

Susan Wittig Albert, a humorous and captivating speaker, is the author of *Wormwood*, *Nightshade* and the *China Bayles' Book of Days*. She has written sixteen other China Bayles novels, and more than a dozen short stories. Her newest mystery series features Beatrix Potter and is called *The Tale of Briar Bank*. She is also the author of two non-fiction books: *Writing From Life: Telling Your Soul's Story* and *Work of Her Own: A Woman's Guide to Success off the Career Track*.

A former English professor and university administrator, Ms. Albert has been writing full-time since 1985. She will bring books to sign, and she will sign them for the purchaser.

Please call Gretchen at Home Hospice, 903-868-9315, for tickets. Prices for tickets are \$25 each or you may reserve a table of eight for \$240. Please call early as we are expecting a good turnout for the event.



## THANKS FOR YOUR SUPPORT



Pictured is Linda Lynch, President of the Home Hospice Auxiliary presenting a check for \$60,000 to Sherry Little. The check was presented as a result of the Light Up a Life 2009 fundraiser. Thanks to the Auxiliary for their work on the project as well as to all those who support the work Home Hospice does to provide the best end of life care to all in our community.

## TABLE OF Contents



2

LETTER FROM THE DIRECTOR

3

OUR NEW BUILDING  
BEREAVEMENT VOLUNTEER  
TRAINING  
DINNER AND A MOVIE

4

SPOTLIGHT ON VOLUNTEER  
NEW CERTIFICATIONS

5

P.I.E. SERIES  
CAREGIVER COMFORT  
THYSELF  
THE LAST WALK

6

MEMORIALS

8

HOME HOSPICE STAFF  
WISH LIST

9

CLASSIFIEDS

10

HOSPICE HUGS  
MEET OUR NEW CHAPLAIN

11

SPOTLIGHT ON BOARD

Store hours are...Tuesday through Friday 10:00am till 5:00 P.M. and Saturday 10:00 A.M. till 4:00 P.M. and closed Sunday & Monday. The Funky Monkey makes final decisions on items they will accept. If you have questions, please call Tommy Longo or Janet Ventura at the Funky Monkey, 903.893.9793.

The Funky Monkey accepts the following consignments items: household goods, furniture, books, tapes, CD's and DVD's, accessories such as pictures, lamps, crystal and flower arrangements. They do not accept clothing, office furniture, exercise equipment, electronics and appliances. If you would like to make a donation of a large item and need help getting it to the Funky Monkey, please call the Home Hospice office at 903-868-9315 and we will try to arrange transportation.

The Funky Monkey, a consignment store in Sherman, is partnering with Home Hospice to help you clean your house. If you would like to make a donation to Home Hospice, you may take household goods directly to the Funky Monkey, at 207 E. Houston Street in Sherman. They will sell the goods and the proceeds will be given to Home Hospice.



## FROM THE DESK OF THE DIRECTOR



"We aren't ready for hospice yet." "Mom has been told she only has several months to live, and we are exploring hospices so when she is ready, we will know who we want to use." "Mom has been really struggling to care for Dad in the last few months, but now that he is bed-fast, it's time to get help." "We aren't ready to face Mom's death, so we aren't calling hospice."

These and many variations are often heard by our staff, and by the staff members of facilities, hospitals and physicians' offices, as they explain all that Home Hospice can do for the patient and the family when one has a limited prognosis due to a serious illness. It is natural to be reluctant to seek help. It is natural to be hesitant to accept that someone we love, or that we ourselves, are beginning our journey through the final phase of life. Overcoming that reluctance can make a huge difference in the level of care we receive, the support available for our family, and our ability to finish our life under our own

terms. Choosing Home Hospice early in the journey brings many benefits that need to be investigated by all concerned in order that the greatest benefit possible be achieved – hope, peace and comfort – for the patient and for the family.

Hospice focuses on comfort care. While not seeking to cure the disease, our highly skilled professionals seek to ensure that the patient can enjoy an elevated level of comfort. Recognizing that not all pain is physical, our staff is interdisciplinary and trained in such a way that they address discomfort of the body, mind and spirit. When you are in pain, that is all there is. You are not able to experience the joys of moments with family and friends, to attend memorable events and celebrations, to truly engage in all that life has to offer. However when that pain is relieved, patients often experience many moments of pure joy – spending time snuggling with a grandchild, taking a long planned for trip, celebrating their own birthday or a child's graduation or other milestone, recording their own stories for family members to keep, engaging in their favorite activity or completing a special project. When comfort is achieved, many goals are possible.

Hospice care doesn't seek to take away hope. Hope for a cure: Sometimes, a new treatment is found or another option offered, and a patient wants to see if it will help. We encourage our patients to return to active treatment, if desired, and they may return to our care if it is needed at some point in the future. In these circumstances, our staff celebrates and hopes right along with them. Hope for a longer life: We all want as many days as possible, particularly if those days can be spent comfortably, enjoying family, friends, and life's activities. Not only does hospice care make that comfort possible, but recent research shows that hospice patients live longer than non-hospice patients with the same levels of disease. It is felt this is due to the consistency of care and the relief from pain and suffering experienced by hospice patients through the focused attention of professional staff and trained volunteers.

Hospice helps family members with caregiving. Many people are unprepared for their role as a caregiver for someone they love. Because hospice care focuses on the patient AND the family/caregiver, a great deal of education, support and guidance are provided for those in the caregiver role, enabling them to feel confident and secure in their care of their loved one, and allowing them to access support from professionals twenty-four hours a day to deal with any "bumps in the road." Home Hospice also provides the support of a fabulous group of trained volunteers to allow caregivers to have some time for themselves, to get some rest, to talk with someone who has also served in the caregiving role for a loved one, to receive a much-needed, home-cooked meal, to have help with transportation, and a myriad of other services that relieve stress and anxiety.

Hospice increases the quality of life. Along with providing much-needed comfort for the patient and incredible help and support for the caregiver, Home Hospice also provides a large array of programs and services that are specifically designed to enhance one's final journey. Through the services of trained volunteers, patients can tell their life story, provide pictures, and have it recorded in a book that can be gifted to those they care for most; or a family can choose to have friends and family members from far and wide call a toll-free number recording messages of love and support for the patient, allowing them to be surrounded with familiar voices even through the final moments of their life, and often recording favorite stories and memories in the process. Home Hospice provides extensive support to the family after the death of their loved one – mailings, support groups and individual support are all available at no charge, providing security and relief to our patients and wonderful support for family and friends, if desired or needed. Volunteers can also create a keepsake bear from a much-loved article of clothing and these Bear Hugs bring a great deal of comfort to families because they hold special memories of their loved one for years to come.

Home Hospice can bring financial relief. Frequently, whether after short or extended periods of treatment for disease, finances can be stretched in a significant way. Because the hospice benefit under Medicare, Medicaid or private insurance includes not only all professional and volunteer services, but also the medications related to the terminal illness, the medical supplies needed for care of the patient, and the durable medical equipment needed to increase comfort and ease caregiving, with no additional expense to the family, hospice care can bring financial relief. Because our communities generously support Home Hospice as a non-profit, those patients facing this final journey without benefit of Medicare, Medicaid or insurance, can also receive those benefits without additional financial burden.

There are many more reasons to seek hospice care, and to seek it early. We would be happy to discuss our programs and services with you as you consider your choices. Call us, we'll be right there.

— Sherry  
Volume XXI, Issue II

## SPOTLIGHT ON OUR BOARD OF DIRECTORS



Gerri Bandemir was born & raised in Midland, Texas, and graduated from Texas Tech with a Business degree. She was a banker for eight years before her daughter Samantha was born 16 years ago. Her current title is "community volunteer." She and her husband Scott have lived in Sherman for 20 yrs. She is Treasurer and an active member at Grace United Methodist Church. She has previously served on the Board of the Crisis Center; assisted with United Way as a Community Impact Team volunteer and on the "Special Events" committee. She is the Treasurer for Home Hospice this year. She says about Home Hospice, "When I first became involved with Home Hospice, I knew intellectually it was a well run organization fulfilling a critical need in our community; however, my family has now experienced first hand the comfort and support of Home Hospice when Scott's mother required their services. This is a group of caring, humble, professionals who are truly dedicated to the physical & spiritual care of terminally ill patients and their families."

Sheila Graham is a retired editor and writer. Though retired, she still writes and edits freelance. She has masters degrees in both Religion and in Women's Studies in Religion. She is married to Ed Graham, now retired from Los Angeles City College as supervisor of broadcast engineering. Ed is a patient care volunteer and Sheila has volunteered primarily in the office in Gainesville for four and a half years. She says, "I wanted to do volunteer work after I retired, but my time was limited. Of the organizations considered I chose Home Hospice because I believe it fills one of the greatest needs in the community, the comfort and care of those in the last phase of their lives."



Born in San Juan, Puerto Rico, and growing up in La Jolla, California, David Stone has seen and experienced much of The World; from Viet Nam to Chino Valley, Arizona. A graduate of Austin College, he and his wife of nearly 39 years, Carleen, chose to live and rear their family in Sherman, where David has practiced as a Financial Advisor and Wealth Management Specialist for 33 years - all at the same desk. "My involvement in Home Hospice of Grayson County, Inc. has come naturally. Death is as natural a part of life on this earth as birth. How we (and our families and loved ones) choose to live out our last days, weeks, and months is greatly enhanced by the loving and unselfish care of this wonderful organization. We all have the opportunity to cross the finish line with a smile on our face thanks to Home Hospice of Grayson County, Inc."

## YOUR DONATION CAN MAKE A DIFFERENCE

Your tax deductible donation to Home Hospice, a 501(c)(3) organization, makes a positive difference in the lives of our patients. Monies donated will go toward patient and family care.

Name of Donor: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Enclosed is my gift of \$ \_\_\_\_\_ (A credit card donation may be made by calling our office)

This gift is given "In Memory of" \_\_\_\_; "In Honor of" \_\_\_\_; other (please specify) \_\_\_\_\_

The person's name is \_\_\_\_\_

Please send acknowledgement of this gift to: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Please return your donation, made out to Home Hospice, to our office or mail to the address listed on the address side of the newsletter.



## HOSPICE HUGS



Hugs to Omega Zeta Sorority at Austin College for decorating the Valentine Bags for patients.

Hugs to second grade students at Whitesboro Elementary School for making valentines and letters for patients.

Hugs to Bill and Susan Collins, Rick Owens and Robert Minshew who have arranged for us to use a storage facility in downtown Sherman while we are renovating our current facility.

Hugs to Tom Kyle, Hunter Richmond and Deborah Fisher for volunteering their time to present Partners In Education programs to the public in February, March and April.

Hugs to our volunteers who are a part of all that Home Hospice does.

Hugs to Bob Montgomery who heads up our Facilities Committee and works hours every day supervising our building and remodeling project and Roger Osterhout who is in charge of the furnishings and placement of our furniture for the new building. Other members of the Facilities Committee include David Stone, Gerri Bandemir, Donna Bedgood, Tohnie Hynds, Tom Kyle, Jim Walker, Tat Osterhout, Margaret Hill, Wally Black and Staff Sherry Little, Tina Garner and Nancy Russell.

Hugs to the employees at American Bank who provide birthday cakes each month for our patients.

Hugs to Texas Star Bank and First United Methodist Church for allowing us to meet at their facilities.

Hugs to Robert Little who edited a Whispers from Home CD for a patient.

Hugs to Grand Avenue Presbyterian Church for the use of their facilities for Legacy and Volunteer Training.

Hugs to Dr. Jerry Lincecum for leading the Legacy Project Training.

Hugs to friends and staff members who helped our new Chaplain move into her new apartment.

Hugs to First United Methodist Church of Sherman for allowing us to provide grief support programming for our community in their facility.

Hugs to all those who provided the firm foundation on which Home Hospice is built. It is allowing us to grow to better serve our patients, our families, our communities.

Hugs to United Way of Grayson and Cooke Counties for their continued support.

Hugs to Betsy Reymond and the Sherman Independent School District for providing a spring board for grief support work with students.

Hugs to Cherry Cunningham, Kemp Willard, Dr. Ron VanBuskirk and staff for helping lead volunteer training.

Hugs to Kelly Lamkin for her twelve years of compassionate care to the patients and families of HHCC.

Hugs to Linda Lynch, Sue Malnory, Candee Myers, Sandy Lynch, Omega Zeta Sorority at Austin College and many others for their help with the Cultures of the World program presented at several facilities.

Hugs for Denice Nowlin for making heart-shaped pillows to give our patients on Valentine's Day.

Hugs to St John the Apostle Episcopal Church for making available their fellowship hall for the Pottsboro Caregiver Comfort Thyself presentations.

Hugs to Wilson N. Jones for the use of their facility for the Hospital Foundation of America Teleconference-March 24, 2010 along with our panel, Paula Perkins, LBSW, Kat Studer, RN OCN-Grayson Home Health, Denice Nowlin, RN-Cancer Survivor.

Hugs to Andrea Allen, of Andrea Allen Financial Services, LLC for guiding our staff in establishing our 401 K plan.

Hugs to The Reverend Ally Perry of St. John the Apostle Episcopal Church in Pottsboro for teaching meditation techniques to interested staff as part of our MBA, Mind, Body, Attitude program.

## OUR NEW BUILDING



The move in date for the new building is scheduled for March 30. At that time all employees will move into our newly completed building. The next two months will be a time of renovation of the existing building and the completion date is projected for early June. Those who will be permanently located in the existing building will "camp out" in our new addition.

Pictured are our architect Richard Wright and his associate Chris Badenhurst who are sitting on one of the two benches made from the Slippery Elm tree that had to be removed to make way for the expansion. The benches will be a part of the memory garden. Also pictured is part of one of the welded fences that sit atop the retaining walls around the buildings.

An Open House will be held when the building and Memory Garden are completed and the staff is settled. Thanks to the supporters of Home Hospice who have financed this beautiful building, which is indeed a dream come true.



## BEREAVEMENT VOLUNTEER TRAINING



Bereavement Volunteer Training will be offered for those nearing the one year anniversary of their loved one's loss and wondering what could be done to help others. You might want to consider walking with someone on their journey of loss by being trained to send personal notecards or make phone calls, talk and listen. Providing support to those who grieve from someone who understands can make a huge difference in the healing process. We ask that a person wait a year after the death of a loved one to become a volunteer. This provides time to heal.

See dates and places along with RSVP deadlines below:

### Gainesville

April 20, 2010 from 6:00 to 8:00 P.M.  
Muenstar State Bank  
RSVP by April 13 at 940-665-9891

### Sherman

April 27, 2010 from 6:00 to 8:00 P.M.  
First United Methodist Church Sherman  
RSVP by April 20, 2010 at 903-868-9315

OR

You may also sign up for either location by emailing Jolene Senek at [jolene.senek@homehospice.org](mailto:jolene.senek@homehospice.org).

## DINNER AND A MOVIE



Join us for dinner, a movie that relates to grief and loss, and discussion that compares fiction to reality. The movie that will be shown and discussed will be *My Girl*. See dates and places along with RSVP deadlines below:

### Sherman

April 19, 2010 from 6:00 to 8:30 P.M.  
First United Methodist Church, Room 129  
RSVP by April 13, 903-868-9315

### Gainesville

April 26, 2010 from 6:00 to 8:30 P.M.  
Muenster State Bank  
RSVP by April 20, 940-665-9891

OR

You may also sign up for either location by emailing Jolene Senek at [jolene.senek@homehospice.org](mailto:jolene.senek@homehospice.org).

## Meet our New Chaplain

Welcome to Sheryl Myers who joined the staff at Home Hospice on March 15, 2010.

She has B.A. in Bible Theology and a B.A. in Music Education and she moved to Lubbock to get her certification in Clinical Pastoral Education. She worked at Covenant Hospital during her schooling there and did over 3,000 hours of critical care counseling. She has been working for Interim Hospice in Lubbock as a Hospice Chaplain.

Sheryl has two daughters, Betsy who lives in Indianapolis, IN and Ginger who lives in Brooklyn, NY. She was born and raised in Galesburg, Illinois.

She loves movies, the theatre and to sing (but is out of practice) and books. Her family and friends are her highest priority. Welcome Sheryl.



## SPOTLIGHT ON VOLUNTEER



Martha Boren has been a dedicated Office Volunteer since October 2009. She's in the office two days a week helping with office projects. Martha retired from the Agricultural Stabilization and Conservation Service (ASCS) after 32 years and 7 months of employment. She is a member of Faith Church and active in the NARFE organization (National Association of Active/Retired Federal Employees). Martha is pictured working on the assembly of our "Considering" book which go to individuals and families who are considering the advantages of hospice care.

### Dear Volunteers,

April is National Volunteer Appreciation month and Home Hospice is truly grateful for the service and dedication of each and every one of you. I believe that volunteering – finding something you care passionately about and giving yourself to it – can truly change your lives, just as it dramatically changes the lives of those you serve. We couldn't possibly provide the level of care, the amount of support or the array of programs that we provide without your commitment of time, talent and heart. I am privileged to work with an organization that has so many wonderful volunteers. I am honored to work alongside each of you in serving our patients, our families and our communities. I am also grateful to know many of you personally – you have touched my heart in ways you will never know – and I hope that I can come to know every one of you in the near future.

Each person gets to choose the difference they will make to others. Thanks to all of you for choosing to make a difference with Home Hospice!

*-Sherry Little*

### NEW CERTIFICATIONS OBTAINED!

Congratulations to our hospice aides, Pam Wilson and Lee Ann Stanley who recently passed their exam to become Certified Hospice and Palliative Nurse Aides. Laurie Watson, Human Resource Manager, is shown presenting new badges to them. "This certification is in addition to the Certified Nurse Aide certification they both hold and recognizes their expertise and experience in working with hospice patients and family members."



### CULTURES OF THE WORLD



Cultures of the World programs have been presented at various senior living facilities in Grayson County. Cindi Wilson, Patient Services Consultant with Home Hospice, presents a program about the cultures and foods from eight countries around the world. The program is complete with flags, art work and samples of food. Pictured is the "Mexico" culture.

In addition to this program, various other programs are offered including a Formal Tea Party and an Aromatherapy Program.

If you have a group who would like a program, please call Cindi Wilson at 903-868-9315.

# CLASSIFIEDS

## WANTED

### Editors for our Whispers from Home program

Whispers from Home is a program in which family member are able to call a telephone greeting to a loved one who is on service. When all the messages are recorded, we need an "editor" to turn the phone messages into mp3 files, edit the files, if necessary, and then burn them to a CD for the patient. Hearing is the sense that people keep the longest. Sometimes a person who appears to be non-responsive is able to hear. We feel that this is a wonderful program for our patients.

What you will need: Computer with internet connection and CD burner. Knowledge of audio editing software. Moderate amount of computer skills.

Time commitment: Depending on the number of calls the patient receives, one project will take anywhere from one to eight hours to complete.

To volunteer in Cooke County call 940-665-8607.  
To volunteer in Grayson or Fannin County call 903-868-9315.

### Gentle Touch Volunteers

We need volunteers who will work with our Patient Services Consultant to do one on one hand and arm rubs for the staff in the long term care facilities.

What you will need: a desire to show support to the staff in long term care facilities by visiting with them for 5 minutes and giving them a gentle hand and arm rub.

Training and time: You will be trained in the process and asked to volunteer one-two hours a month when you are available.

To volunteer in Cooke County call 940-665-8607.  
To volunteer in Grayson or Fannin County call 903-868-9315.

### LEGACY & VOLUNTEER TRAINING COMPLETE

Thanks to the following people who recently completed volunteer and training for our Legacy program.

#### Completed volunteer training:

Barbara Booher, Josh Miller, Agathe Dupart, Ella Fitzbag, Suzanne King, Sharon Franks, Morgan Lindsey, Rija Siddiqui.

#### Completed Legacy training:

Linda Brown, Bill Sims, Missy Sofey-Andrews, Pat Hensley, Barbara "BJ" Manke, Mary Ann Berry, Woodye Mercer, Nikki Crocker, Drew Crocker, Summer Roberts, Betty Wilson, Ellen Davis

Training is offered for volunteers twice a year in Grayson and Fannin Counties. For more information about becoming a Patient Care or Legacy Volunteer, please call Gretchen Huff at 903-868-9315 or email her at gretchen.huff@homehospice.org.

### VOLUNTEER DINNER & CELEBRATION

*Our Volunteers Make a World of Difference!*

Join us for our annual Volunteer Appreciation Dinner & Celebration scheduled for Thursday, April 22nd at 6pm at First United Methodist Church in Sherman's Binkley Hall. Volunteers will be treated to an around-the-world feast and recognized for making a "World of Difference" in the lives of our patients and families. So, mark your calendar, dig out your favorite international fashions and join the fun! If you would like to attend the dinner, please RSVP to Gretchen Huff at 903-868-9315 or email her at gretchen.huff@homehospice.org.

## HOME HOSPICE STAFF

Executive Director  
Vice Pres. Finance & Administration  
Vice Pres. Quality & Care Delivery  
Alternate Site Director  
Clinical Director  
Patient Care Coordinator  
Hospital Liaison

Sherry Little  
Tina L. Garner, CPA  
Angela Appleton, RN, BSN  
Jana Cockrell, RN  
Vickie Putman, RN  
Donna Pack, RN  
Glen Davis, RN

Medical Director  
Dale Davies, M.D.  
Robert McLeroy, M.D.  
Tammy Roque, M.D.  
John Saunders, M.D.  
Medical Director Emeritus

Associate Medical Directors  
Ronald Van Buskirk, M.D.  
Alex Ehsan, M.D.  
Andy Nguyen, M.D.  
Tahir Rana, M.D.  
Larry Sears, M.D.  
L.M. Mack Castleberry, M.D.

Hospice Nurses  
Leila Bellows, RN  
Susan Cassidy, RN  
Lauren Durham, RN  
Lisa Flowers, LVN  
Clara Hellinger, RN  
Kakie Mathis, RN  
Barbara Nealon, RN  
Debbie Perry, RN  
Julie Roberts, RN  
Deborah Seals, RN  
Shelley Taylor, RN

Hospice Nurses  
Cheryl Bowen, LVN  
Michele Cerra, RN  
Al Ellis, RN  
Sasha Hancock, RN  
Suzanne Johnson, RN  
Michelle Nash, RN  
Raija Peippo, RN  
Janet Petree, RN  
Lynda Sandmann, RN  
Vicki Parish Short, RN

Patient Services Coordinator  
Ann Black, LBSW  
JoCarolyn Chambers, LCSW  
Paula Perkins, LBSW  
Community Services Liaison  
Volunteer Coordinators

Social Workers  
Cindi Wilson  
Michele Bowerman, LMSW  
Karen Miller, LCSW, LMFT  
Jolene Senek, LBSW  
Nancy Russell  
Gretchen Huff  
Kathi Kirby  
Sheryl Myers

Spiritual Counselor

Hospice Aides  
Nancy Aylor, CHPNA  
Taryn Fontaine, CNA  
Brittany Hamm, CNA  
Mary Kelly, CNA  
Kenna Mask, CNA  
Stacey Mills, CNA  
Kathy Sanders, CNA  
Kendrea Taylor, CNA

Sharon Allen, CNA  
Laura Davidson, CNA  
Crystal Gibson, CNA  
Hayley Horton, CNA  
Kelly Lewis  
Stephanie McNutt  
Leslie Northcutt  
Lee Ann Stanley, CHPNA  
Pam Wilson, CHPNA  
Business Office Manager  
Administrative Assistants

Paula Youree  
Lois Morris  
Vicki McMahon  
Melinda Kyle  
Sherry Harbin  
Nora Montgomery  
Kylee Toney  
Laurie Watson

Patient Care Secretary  
Data Entry Specialist  
Billing Specialist  
Clinical Assitant  
Human Resource Manager

## WISH LIST

Donations of items listed below enable Home Hospice to practice the good stewardship for which we are known and to use our resources in the best way possible in caring for our patients, families and for all who grieve in our communities. Thank you and please do not hesitate to contact our office if you have questions or need help with a donation.

### PATIENT CARE NEEDS

Extra long deep pocket twin size sheets  
Baby room monitors  
Baby wipes  
Ensure-all varieties, all flavors  
Boost-High Protein  
Carnation Instant Breakfast  
Pull ups medium or large  
Digital Scales to enable nurses to weigh patients  
Inexpensive red or maroon towels  
Hospital gowns  
Pre-paid gas cards for volunteers  
Bible on CD or large print Bibles to read  
Small drink cup with lid & hole for straw  
Polyester Fiberfill 16 oz bags (for Bear Hugs)  
Florist wire ribbon  
Wireless door bells  
Wrist type blood pressure cuff  
2010 Drug Hand Book  
Temporal Thermometer

### OFFICE NEEDS

Blue ink pens  
Copy Paper & card stock (white and ivory color)  
Colored copy paper  
Address Labels Avery #5160 (or equivalent)  
Postage Stamps  
Zip Lock bags—quart and gallon size  
33 gallon trash bags & tall kitchen bags  
Plastic Silverware & disposable plates  
Cups (Styrofoam or paper)  
Bottled water for events  
Snacks for support groups  
Sharpies & Tape (scotch & shipping)  
Red or green folders (no pockets)  
Cleaning supplies  
Bud Vases  
Curling Ribbon  
Toilet Paper & paper towels  
3 x 3 self-stick note pads  
Disinfectant hand soap  
AAA & AA Alkaline batteries  
Colored desert size paper plates  
Colored cocktail napkins  
33 quart plastic totes

Please return to the Home Hospice office.

## P.I.E. SERIES | PARTNERS IN EDUCATION

The P.I.E. seminars will be held the second Tuesday of every month from 12:00 to 1:00 P.M. through November 2010 at LIFE Specialty Hospital, which is located at 1111 Gallagher Rd. in Sherman. There will be pie and coffee served, but no lunch. However, LIFE Specialty Hospital invites you to go through their café line for a take out. If you mention that you attending the P.I.E. Seminar, you will receive a 10% discount for lunch.

The purpose of P.I.E. is to offer professional speakers in various fields who are able to give expert advice. The P.I.E. Seminars are collaboration among Texoma Council of Government, Area Agency on Aging, Wilson N. Jones Senior Passport Program, LIFE Special-

ty Hospital and Home Hospice.

The speakers and dates for the next few months are:

Tuesday, April 13 - Dr. Deborah Fisher  
*Options in Managing Chronic Pain*

Tuesday, May 11 - Ms. Vickie White  
*You CAN Take It With You! (Pack to Travel)*

Tuesday, June 15 - Michael Miller, MLS  
*Digging Up Roots—The Family Kind, v.2.0*

Tuesday, July 13 - Dr. Bryan Kalil  
*Pediatrics*

## CAREGIVER COMFORT THYSELF SEMINAR

Home Hospice will be sponsoring a seminar, April 20 and 27 and May 4 and 11 from 1:00 until about 2:30 for all persons who are caregivers, especially for those who are chronically ill or those who have life-threatening illnesses. The seminar will be offered free of charge and will be held at the Denison Public Library, 300 W. Gandy in Denison

Each of the informal sessions has a new and different topic so you may attend any or all.

Some of topic are entitled Managing Care at Home, Emotional Health and Concerns of Caregivers, Legal and Financial Responsibilities, Compassion Fatigue, Grief, Taking Care of Yourself. The seminar will be led by Paula Perkins, LBSW, who is a social worker at Home Hospice.

There will be time allowed in each session for discussion and sharing. If you would have questions about the seminar, you may call Paula Perkins at Home Hospice, 903-868-9315.

## THE LAST WALK

The Last Walk is a training seminar for pastors & pastoral care lay representatives and will be held Thursday, April 22 from 11:00 AM-2:30 PM (A light lunch will be served) at Landmark Bank in Gainesville, Texas.

Presenters include hospice-trained medical, social work, chaplain & other professionals.

Some of the topics are Maximizing a Good End-of-Life Experience, The End-Of-Life Process, End-of-Life Options, Spiritual Care & Self Care for Clergy & the Caregiver and Grief for the Patient and Family.

There is no fee to attend, but there is limited space and registration is necessary. Please call 940-665-9891 to reserve a place in the seminar.



## MEMORIAL SERVICES IN GRAYSON, FANNIN AND COOKE COUNTIES “LIVE, LAUGH, LOVE...A LEGACY REMEMBERED”



Services will be held to honor the memory of those we love, through song, writings and a balloon release at the end of the service. Bring a blanket or a chair and a favorite picture or memento of your loved one to display at the service.

Cooke Memorial Service—May 10, 2010—Whaley United Methodist Church at 6 P.M.

Grayson and Fannin Memorial Service—May 17, 2010—Waterloo Lake Pavilion in Denison at 6 P.M.



## 2010 GRAYSON COUNTY MEMORIALS

Home Hospice acknowledges the many memorials and gifts that have been given. All gifts are tax deductible and acknowledged upon receipt. The following individuals were remembered and honored January 1 to March 12, 2010. Every attempt is made to assure accuracy in recognizing Donors. However, errors may occur. We ask for your assistance in correcting inaccuracies that you detect. Donations to our Building for Tomorrow Capital Campaign are not included in this list. Light Up A Life gifts are listed in the Book of Lights, kept at the tree and in the office. They are not included in the list below.

### IN MEMORY OF

- Adami, Alvede**  
Dr & Mrs Rudolf Good
- Aleman, Abraham**  
Don & Wanda Booth
- Anderson, Jean**  
Orval & Janice Blankenship  
Gerald & Joan Blankenship  
Don & Sandy Morrison  
Gerry Eller  
Trish Elliott  
Beverly H. Poet  
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- Bishop, Bettie**  
Ben, Judy & Hunter Mandeville  
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- Brown, Mary**  
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Anne Miller Clark  
William Reeves  
Steve & Brenda Mitchell  
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Gary & Martha Christensen  
Jack & Carol Ward
- Myers, Richard**  
Pauline Barnes
- Patrick, Frank "Pat"**  
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Tina Garner
- Nelson, R.C.**  
Virginia D. Nelson

- Porter, Mayme**  
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- Wall, Noel**  
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- Wallis, Lorrene**  
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- Betty Edwards**  
N Texas Traffic Systems Const.  
LTD
- Sonya Buchanan**  
Beth Williams

## MARK YOUR CALENDAR: NOVEMBER 9 AND 10, 2010



Internationally known speaker Kathleen Rusnak, PhD., author of *Because You've Never Died Before: The World of the Dying* will be speaking at Grayson County College. This event is held in November in celebration of National Hospice Month.

Kathleen is an ordained Lutheran pastor with a doctorate in Psychology and Religion. She has always been interested in the ultimate questions of life, the psychology behind religious beliefs and actions, and human transformation. She, in her own thinking, felt her only choice was to become a pastor and theologian. She was convinced that this was her niche to influence and change the world. To that end, Kathleen has been the pastor of three Lutheran congregations, has served as a hospice chaplain in two hospices, was the director of spiritual care and bereavement at another hospice.

Kathleen is a thought-provoking, humorous, and dynamic speaker. Her insights and introspective and reflective talks on relationships and spiritual care are motivating and conscious lifting.

Home Hospice is fortunate to be able to sponsor Kathleen Rusnak as a speaker. We bring her talk to our communities as a service to the general public, our religious community, as well as nurses, social workers and any others in a care giving role. CEU's will be available and are pending.

