



Highlights

Home Hospice™ of Grayson, Cooke & Fannin Counties

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AFTER TWO MISSES WE ARE READY FOR A HIT!



10th Annual Home Hospice of Cooke County
Benefit Golf Tournament
Sunday April 3rd, 2011
At the prestigious Turtle Hill Golf Course in Muenster

The 9th annual golf tournament was cancelled due to snow the first date and due to rain on the second date. Cross your fingers for better weather.

This two-person scramble promises to be great fun this year. The registration fee covers green fees, carts, prizes and BBQ supper.

- Putting green and driving range opens at 12:00 (balls provided)
- Registration from 1:00 to 1:30
- Shot gun start begins at 2:00
- Payment is non refundable-no rain dates are scheduled

Levels of Participation

Participant \$70 Includes: One player One BBQ dinner	Hospice Helper \$100 Includes: Hole sign sponsorship	Hospice Supporter \$250 Includes: Hole sponsorship Two players Two BBQ dinners	Hospice Angel \$500 Includes: Hole sponsorship Four players Four BBQ dinners
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Additional dinners may be purchased for \$10
BYOB

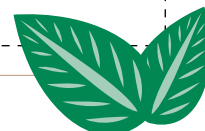
Home Hospice of Cooke County 10th Annual Golf Tournament

Name: _____ E-Mail _____
 Address: _____
 Phone: _____

Name: _____ E-Mail _____
 Address: _____
 Phone: _____

Amount \$ _____

Send payment to Jane Dudley, c/o Home Hospice. PO Box 1352, Gainesville, TX 76241.
 If you have questions, you may call her at 940-668-8295.
 Fax to 940-665-8607 or e-mail kathi.kirby@homehospice.org



FROM THE DESK OF THE DIRECTOR



Frequently, people say that a new year brings the opportunity to make a fresh start – to do something you have always wanted to do, to become someone you always wanted to be. They are right. Right now, at the start of the new year, take a personal inventory and include in the questions you ask yourself this, “How will I endeavor to give myself away to benefit others and help myself to grow in ways I can only imagine?”

Will you give of your time?

Someone who is dying would love your gentle presence. Consider bringing a smile, a laugh, a gentle touch, a hug – be a volunteer!

Will you give of your talent?

Someone who is dying would love to tell you their story. Use your listening ears and creativity in our Legacy Project. Use your ability with needle and thread to make a Bear Hugs Bear.

Will you share your financial resources?

Someone here, maybe next door to you, is dying without benefit of insurance or Medicare. Commit to support Home Hospice as we bring compassionate medical care and support to them. Make a donation, attend a benefit event, fulfill the wish list.

Will you share your heart?

After working with donors and volunteers in many areas for more than forty years, I know you will find a *new you* in choosing to make a difference in the life of someone else.

For information on all of these opportunities, visit our new website www.homehospice.org.

— Sherry



Pictured is Jordon Lemming handing Sherry Little over \$400. For her birthday Jordon Lemming asked that she not receive any gifts from family or friends and instead if they would like to make a donation to one of the charities she picked out. Jordon is pictured handing her Home Hospice donation to Sherry Little. Jordon was accompanied by her birthday friends and family members who helped deliver the donations to charities in Grayson County. Sherry Little said to Jordon, “Thank you for choosing Home Hospice in celebration of your birthday as one of your charities of choice for donors. It was an honor for our organization to be chosen by a young lady with such a wonderful, generous spirit. You have an extraordinary outlook on life and have made a difference in many lives during this special time in your own.”

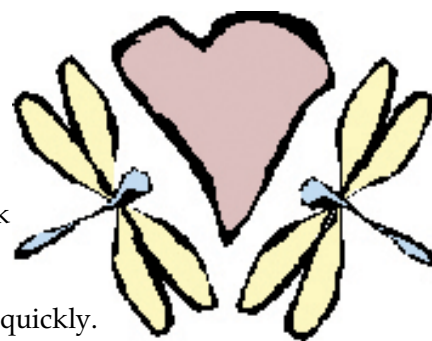
Home Hospice brought internationally known speaker Kathleen Rusnak to Grayson County College in November 2010. Dr. Rusnak is a speaker and author on death and dying topics and her website is www.thebrickwall2.com. She made three presentations, one entitled “The World of Alzheimers” and two presentations entitled “Because You’ve Never Died Before.”



CAMP DRAGONFLY



**A grief camp for children ages 8-12
March 4, 5 and 6th
All Saint's Camp on Lake Texoma**



This camp helps children, who have lost a significant person in their lives, work through their grief with activities which are guided by trained counselors. The child will be provided a framework in which the child can develop life-long coping skills for loss and grief. Many outdoor and fun activities help the children bond quickly. Registration required and there is a small fee to attend, but there are scholarships available. Contact Jolene Senek, 903-868-9315 or email jolene.senek@homehospice.org.

P.I.E. (PARTNERS IN EDUCATION)

P.I.E., a monthly program presented by a highly-regarded professional, is held the second Tuesday of the month at L.I.F.E. Center Specialty Hospital, 1111 Gallagher Road in Sherman, from 12-1p.m. Please contact Nancy Russell at 903-868-9315 if you have questions. Please check out website for updated information about P.I.E.

- February 8 – Dr. Winston Marshall, “Heart Health”
- March 8 – Karen Sylvester, Dietitian, “The Straight Skinny on Food”
- April 12 – Amy Shojai, “Aging Pets”
- May 10 – Vicky Lindsey, LCSW, “Relationships & How They Change”
- June 14 – Dr. Heidi Howard, DPT “55 & Counting: Exercising to Live”
- July 12 – Sue Peippo, RPh, “Medications and You”

Sponsored by Texas Health Resource Presbyterian WNJ Senior Passport, Texoma Council of Governments, Area Agency on Aging, L.I.F.E. Center Hospital, Texas AgriLife Extension Service and Home Hospice.

HOW YOU CAN MAKE A DIFFERENCE

Your tax deductible donation to Home Hospice, a 501(c)(3) organization, makes a positive difference in the lives of our patients. Monies donated will go toward patient and family care. Donations may be made with a credit card on our website, www.homehospice.org.

Name of Donor: _____

Address: _____

City, State, Zip _____ Phone #: _____

Enclosed is my gift of \$ _____ (a credit card donation may be made by calling our office)

This gift is given “In Memory of” _____; “In Honor of” _____; other (please specify) _____

The person’s name is _____

Please send acknowledgement of this gift to: _____

Address: _____ City, State, Zip: _____

Please return your donation, made out to Home Hospice, to our office or mail to the address listed on the address side of the newsletter, or donate online at www.homehospice.org.



HOSPICE HUGS



Christmas came over and over again for Home Hospice this year. So many gave so generously to the office and to our patients and we thank you. A big Home Hospice Hug to the persons who have donated everything from pull ups, to Ensure, to blue pads to things for the office and cuddly stuffed animals. There are too many to mention by name, but please know that we do appreciate the help. With all of the things you donate, you make the day for our friends and neighbors of Cooke County.

What if the cook in your home was sick and could no longer prepare meals? Having a meal ready is a challenging task for some of our families. Thanks to our volunteers who helped cook meals. You are totally yummy!

The conference room at the Muenster State Bank in Gainesville continues to be a lovely place to hold our meetings. Thanks Muenster State Bank for your support!

The people of Cooke County never cease to amaze us. You are always so willing to give. We would like to thank all of you who so generously give to the United Way. Your dollars help to fund many organizations in Cooke County. We appreciate your support.

Landmark Bank was a lifesaver when they agreed to let us use their meeting room for our mass mailing. Thanks, it was a big job and you helped us get it done!

Thanks to Kelly Fiore, director of Butterfield Stage, so her hilarious act at the kick off of COOkeIE (Cooke In Education). She was a HOOT! COOkeIE is a new community education program presented by NTMC, Texas Agri-Life, TCOG's Area Agency on Aging and Home Hospice. It is great that agencies work closely together for the people of counties they serve.

"Light up a Life" has been a great success this year and the

donations continue to roll in. We would like to thank all who gave so freely of their time and of their dollars to make this year's campaign a victorious one. Linda Davis, our local chairperson, and the Auxiliary did a wonderful job.

Giving one's time is a precious thing, but giving time during the holidays is especially great. A GIANT Hospice Hug to all of those individuals who took their time to sit at our Light Up a Life trees.

North Central Texas College, the Stanford House, the B-Hive, Beall's and Gehrig's Hardware in Muenster get a big pat on the back for allowing us to have our Light Up a Life Trees in the facilities. Thanks y'all.

The annual "Tree Lighting" was beautiful and heartwarming. We thank North Central Texas College for the use of their facility, all of the volunteers who made cookies, and to Earl Hess and family for lighting our tree.

The Home Hospice Auxiliary Officers continue to work to carry out our mission. They have done a wonderful job planning monthly events for the Auxiliary.

Gainesville Health & Rehab continues to brighten the lives of our patients by supplying beautiful flowers. You are so sweet. Thanks!

Our tails are a waggin' for our Pet Peace of Mind volunteers, groomer and veterinarians. Diana Bayer of Independence Animal Clinic, Dr. Tisdale in Muenster and Tammy Rimmer of K-9 Clips, you are so appreciated. Thanks for making Pet Peace of Mind in Cooke County a reality.

Thanks to the American Bank employees, our patients receive a birthday cake to celebrate one more birthday. What is a birthday without a birthday cake?

Love Letters program:

Kathi Kirby says. "I wanted to teach my grandson, Houston, about volunteering. So, in 2008, I headed to his second grade teacher at Valley View Elementary and at that time we established our 'Love Letters' program." The children decorate cards and pictures to be delivered to our Cooke County Home Hospice patients.

Suzy Doss, volunteer chairman of the project, said, "I like to imagine the smiling faces of each patient or family member and how they must feel as they open the sweet cards and drawings made so lovingly by these second grade students. In addition to spreading some cheer through their art work, I am hopeful these precious children will always remember their good deed has helped to brighten the day of others."



Children are pictured working on patient Christmas cards.

BEREAVEMENT DATES FOR COOKE COUNTY

Please check with Home Hospice prior to any of these events to confirm time and location. You may find out more information about the events by calling Jolene Senek at 903-868-9315 or 940-665-9891 or checking our website www.homehospice.org.

Dinner & A Movie (P.S. I Love You)
Monday, April 18th from 4:30-7:30 p.m.
Muenster State Bank Community Room

The Unexpected Journey
July 11th, 18th, 25th & August 1st from 6-7:30 p.m.
Muenster State Bank Community Room



"I'd like to help, but....."
VOLUNTEER TRAINING SCHEDULED

Home Hospice is looking for a few good volunteers to make a difference in the life of a patient and his or her family by becoming a patient care volunteer. In this rigorous training you learn about hospice, spiritual concerns at end of life, how to support a caregiver, family dynamics and grief issues. A hospice volunteer is considered to be an integral part of an interdisciplinary team made up of physician, RN case manager, social worker, spiritual advisor and certified nurse assistant. A volunteer works as a good friend or neighbor to the patient and family by reading to the patient, visiting, and allowing family members to get deserved rest or run errands. Volunteers do not provide personal care to patients.

Dale Garner completed patient care training in 2009 and is glad he went through the training and became a volunteer. He enjoys visiting with the patients and says, "Barb, the Volunteer Coordinator, always does a good job matching me with the patients so it is a good experience for us. When I get a new assignment I can't wait to make my first visit so I can start learning the facets of that patient's life."

If you have ever uttered those words "I'd like to help, but..." please consider that you can make a difference in the life of a patients, their families and the community. This training is a wonderful life skills class that helps all who attend live a more fulfilling life. Come explore the possibilities and learn a lot about this phase of life. If you take the training, you are not required to become a

patient volunteer.

We ask that Patient and Family Services volunteers be a minimum of one year out from any loss experience of an immediate family member or loved one. This allows time to heal.

Dates for training are listed below:

Volunteer Training in Grayson County

Saturday, March 26 from 9:00 a.m. – 3:00 p.m.

Saturday, April 2 from 9:00 a.m. – 3:00 p.m.

Home Hospice Conference Room

Volunteer Training in Cooke County

Friday, April 29 from 6:00 – 9:00 p.m.

Saturday, April 30 from 9:00 a.m. – 4:00 p.m.

Muenster State Bank Conference Room

Volunteer Training in Fannin County

Friday, June 24 from 6:00-9:00 p.m.

Saturday, June 25 from 9:00-4:00 p.m.

American Bank Community Room in Bonham

More information is available by calling Barb Samuelson in Grayson County at 903-868-9315 or Kathi Kirby in Cooke or Fannin County at 940-665-9891 or checking our website www.homehospice.org. You may also email barb.samuelson@homehospice.org or kathi.kirby@homehospice.org.



The Home Hospice Harmonizers, who work in various disciplines at our office, sing valentine songs to residents at Texoma Healthcare before Valentines Day. Pictured are Barbara Samuelson, Al Ellis, Sheryl Myers, JoCarolyn Chambers and Mary Williams.



Volunteers are pictured in training for the Eleventh Hour Program at the Sherman office.



2010 COOKE COUNTY MEMORIALS

Home Hospice acknowledges the many memorials and gifts that have been given. All gifts are tax deductible and acknowledged upon receipt. The following individuals were remembered from October 21 to December 31, 2010. Every attempt is made to assure accuracy in recognizing donors. However, errors may occur. We ask for your assistance in correcting inaccuracies that you detect. Light Up A Life gifts are not included in the list below.

IN MEMORY OF

Edwin Alexander

Gary & Billie Brammer

James "Wes" Ballew

Linda Davis
Family of Fonda Huneycutt
Gloria Parrish

Florence Bezner

Mary Jo Graham
Ray of Sunshine Sitting Service

Doris Blount

League of Woman Voters

Linnie Carrigan

Janice & Sandra Harrel
Marjorie Tune

Ila Davis

David & Carolyn Wilson
Dixie Wilson
Ron & Katherine Wilson

Paul de Lassus

Luther & Carol Maners

Nick Dieter

LeeAnn & Stephen Von Phul

Jeanine Faulkner

Frances Wallace

Wilma Flemons

Lloyd Nichols

Charolette Fortenberry

T.H. Dick

Hardie Fortenberry

T.H. Dick

Sylvan Freeman

Gary & Sue Bloodworth

Catherine Fuhrmann

Joyce Rigler

Dwayne Garner

Phillip & Flo Brooks

R.C. Guerrero

Pat Alexander

Irene Greener

George Silk Family

Madelyn Green

Ron & Katherine Wilson

Bettye G. James

Dr Mike, Peggy & Rob Gattis
Doug & Joanne Heitmiller

Dale Johnson

Gary & Sue Bloodworth

Joe Kays

Frances Ammons

Jim Keil

Don & Martiel Bowden
Joe & Patty Bowden

Kathleene Kelley

Richard Kelley

Tommy Kelley

W.F. & Johnnye White

Nancy Kelly

Frances Ammons

Diane & George Krahl

Jimmy & Virginia Oliver

Leona Loerwald

Gloria Sexton

Carlton McCray

Claude & Pat Tamplin

William Newton

Ruth Cox Morrison

Mrs. Berneva Ray

Jerry & Theresa Flowers
Debra Norwood

Louise Schmidlkofer

Andy & Susie Bezner
Gary & Billie Brammer
Mr. & Mrs. Kenneth Fleitman
Jana Gary – GSID School nurse
Melinda James
Norbert & Verna Mages
Joyce Rigler
Traci Skinner – GSID School nurse

Judith Stone – GISD School nurse
Virginia & David Thetford

Ethel Scivally

Linda Lynch
Debra Norwood

Ruth Selman

Luther & Carol Maners

Elton "Neil" Tibbets

Gary & Billie Brammer
Doyce & Alice Cook
Milburn Cravens
Russell & Margaret Duncan
Men's Bible Class, Gainesville
First Baptist Church
Linda Lynch
David & Melissa Selby
Doug & Anna Jo Selby
Terry & Debbie Selby
Edna Slater

Berneva Vann

Lora Hinton

Jack Weiershauser

Frances Weiershauser

Grover Cleveland Williams Jr.

T. H. Dick
Hatcher & Harris Law Firm
Family of Fonda Huneycutt
Charles & Betty Williams

GIFTS

The Deck Foundation
Bearhead Baptist Church
Gainesville Antiques Classic Auto
Club Gainmore Camp 6938
Gainesville Royal Neighbors of
America
Earl Hess
Lake Kiowa Chapel Fund
Mountain Springs Quilting Club
Urcel Myers & Associates
Temple Baptist Church, Berean
Class
Wal Mart
The Ladies of Whaley Methodist
Walnut Bend Community Church
Lucille Zimmerer

IN HONOR OF

Joyce Bayer from Clara Lemming
Bear Hugs Program from Elaine
Hamrick & Pam Evans
Jim & Jane Myrick from Ronnie &
Jane Zimmerer
Tim & Eunice Wimmer from
Ronnie & Jane Zimmerer
Reita Miller from Ronnie & Jane
Zimmerer
Shirley Burks from Gloria Parrish



LETTER FROM THE AUXILIARY PRESIDENT

Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all times you can, to all people you can, as long as ever you can.

--John Wesley



On behalf of the Home Hospice officers and me, I would like to wish you a happy and healthy new year. The winter months are a time for slowing down a bit after the holiday rush and a time for resolutions. Therefore, I hope being a volunteer for Home Hospice is high on your list.

Light Up a Life was once again a success due to the active participation of the auxiliary and volunteers. Accolades go out to everyone who sat at a tree (some sat numerous times at different trees); our team captains: Jane Stout, Lillian Walterscheid, Margaret Duncan, and Linda Hiernese; all the auxiliary officers who worked on the angels and mailings; and finally, Linda Davis who worked diligently putting up and taking down the trees, as well, as organizing the Light Up a Life ceremony at North Central Texas College. This collaborative event by many made for a successful campaign. A total of approximately \$25,456 was raised this year.

The students from The Health Careers Club at Gainesville High School are our newest set of volunteers. Their sponsor, Gainesville High School nurse Judy Stone, has helped them make lap blankets for our patients, and they will become Pet Peace of Mind volunteers this month. We salute these wonderful young men and women as they become part of a worthwhile endeavor.

The Home Hospice golf tournament is set for April 3, 2011, and hopefully, will be as successful as in year's past, except when Mother Nature interferes. It is our second funding campaign of the year. Jane Dudley is again doing an outstanding job as chairman of this event. If you are interested in helping with this event, please contact Jane.

My heartfelt thanks as always go out to all the tenacious volunteers who work hours each day to make the lives of our patients just a little brighter.

Sincerely,
Debbie Fleitman

Volunteer Hours:

The total Cooke County volunteer hours for 2010 was 3478! (This number is compared to 3,078 volunteer hours in 2009).

Thanks to all the volunteers who gave of themselves and their time to help Home Hospice of Cooke County this past year in many ways from patient care, to delivering flowers to patients, to mowing our yard. If you can volunteer in our office, please call Volunteer Coordinator Kathi Kirby at 940-665-9891 or email her at kathi.kirby@homehospice.org. Kathi says, "Tell me what you are interested in and how much time you have and I'll bet you I can find a meaningful job for you!"

COOKeIE (Cooke In Education)



COOKe.I.E. is held the second Wednesday of the month at North Texas Medical Center, 1900 Hospital Boulevard in Gainesville from 2:00-3:00 p.m. Speakers through April are listed below.

February 9 "Heart Health" from Orland Woodard, NTMC Director of Cardiopulmonary, and a talk on "Feeding your Heart" by the NTMC dietitian. Recipes, free screenings and surprises will make this a fun hour.

March 9 Divide Your Heirlooms, Not Your Heirs" – Angel Neu, Texas AgriLife Extension Service

April 13 "Will you or Won't You—All about Wills"— Russell Duncan, Attorney at Law

COOKe.I.E. is sponsored by North Texas Medical Center, TCOG, Area Agency on Aging, Texas AgriLife Extension Service and Home Hospice.



YOU ARE INVITED TO ATTEND LEGACY TRAINING:

A training of a life-time for yourself and for others

In Sherman:

February 17, 21 and 24, from 6:00-8:00 p.m. at the Home Hospice office, 505 West Center Street in Sherman.

In Gainesville:

March 1, 3 and 8, from 6:00-8:00 p.m. at Muenster State Bank in Gainesville.

Everyone has a story! - whether you were the first woman pilot for the American Air Force or successfully raised fourteen children without ever leaving Grayson County; whether you are a self-made millionaire or enjoy the riches of friends around the globe. Within the stories of what you did and who you are, are messages of wisdom and stories of how you lived and loved. What a gift to share that with your family for generations.

Volunteer Missy Sofey-Andrews says, "I have found that the Legacy Program of Home Hospice is very special. It gives you the opportunity to hear heartwarming stories of a person's life and write them so their family and friends will always be close to them. It is so wonderful that they give of their time to allow us to tell their story. I have truly been blessed by participating in this program."

You are invited to come to training for our Legacy Program to learn to do just that - for yourself and for others. Dr. Jerry Lincecum of Austin College's Telling Your Stories, along with volunteer coordinator, Barb Samuelson, will give you the information you need to help our patients record their own lives in book form. Pictured is one of the covers from a Legacy Book. We hope you will join us.

Call one of the volunteer coordinators at one of the numbers below if you would like to register or if you have questions:

Barb Samuelson, 903-868-9315 or barb.samuelson@homehospice.org

Kathi Kirby, 940-665-9891, or kathi.kirby@homehospice.org



WISH LIST

Donations of items listed below enable Home Hospice to practice the good stewardship for which we are known and to use our resources in the best way possible. Please call in advance if you have a large donation so we can help you unload.

PATIENT CARE NEEDS

Baby wipes

Ensure - all varieties, all flavors

Boost-High Protein or Carnation

Instant Breakfast

Inexpensive red or maroon towels

Polyester Fiberfill 16 oz bags (for Bear Hugs)

Bud vases and curling ribbons

Metal or plastic pet carriers for Pet

Peace of Mind

Battery operated 4 to 6" pillar candles

OFFICE NEEDS

Blue ink pens

Zip Lock bags - quart and gallon size

Bottled water for events

Snacks for support groups

Toilet paper, tissues & paper towels

3 x 3 self-stick note pads

Coffee - regular and decaffeinated



Thanks to those who helped brighten our patients' Christmas.



LIGHT UP A LIFE



Light Up a Life is the annual fundraiser sponsored by the Auxiliary. Donations to Light Up a Life go toward patient care for those with limited income in Cooke County.

MaryAnn and Earl Hess proudly light the Home Hospice tree for the kick off of the 2010 Light Up a Life fundraiser. Mr. Hess is a patient on Home Hospice service.

Light Up a Life Sponsors

Listed are those who made a sponsorship donation to Light Up a Life.

Platinum Angel
Patricia Peale

Gold Angel
Doyle & Paula Roberts
Angie Collins
Mr. & Mrs. David Spaeth
Dale & Julie Felderhoff

Silver Angel
Larry & Kathy Sears
North Texas Medical Center
First United Methodist Church, United
Methodist Women
Temple Baptist Church
Nancy Wassell

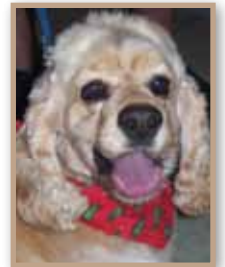
White Angel
Phil & Ruth Adams
Judy Phillips
Industrial Models
Chicken Express, Tank & Nancy
Nelson
First State Bank
Gainesville Riding Club
Schad & Pulte
Greg & Melody Rohmer
Gainesville Family Dentistry, PC
York Eye Associates
Lloyd & Kay Marshall
Joyce Rigler
Marilyn Melton
The Kuehn Family
Gainesville Women's Bowling
Association

PET PEACE OF MIND



Billie Mitchell hands a medium dog carrier to Kenna Mask, CNA. The carriers will be used in the Pet Peace of Mind Program. You may bring clean plastic and metal pet carriers to the Home Hospice office.

Sammy the Dog was the first animal cared for by Pet Peace of Mind. When Sammy's owner became sick, our volunteers helped take care of the dog so our patient could keep Sammy with her. After Sammy's owner died, he was adopted by Linda Lewis through Pet Peace of Mind.



The Cooke County Pet Peace of Mind volunteers pictured from left to right are Linda Hermus, Dr. Diana Bayer, Edna Slater, Sammy's new mom Linda Lewis, and volunteer Tammy Rimmer.

MEMORIAL SERVICE SCHEDULED

May 9th from 6-7:30 p.m.

Services will be held to honor the memory of those we love, through song, writings and a balloon release at the end of the service. Bring a blanket or a chair and a favorite picture or memento of your loved one to display at the service. We all experience losses along the way in life. Please join us whether or not Home Hospice cared for your loved one.



OUR STAFF AT WORK



The Home Hospice interdisciplinary team consists of a physician, RN case manager, nurse aide, social worker, spiritual advisor and a volunteer. Not all patients request services from each discipline. There are team meetings every Wednesday in which the patient's care is discussed to create a plan for their care. Over the year, the newsletter will feature the various disciplines on the hospice team.



Dr. Ronald Van Buskirk is medical director. He is an internal medicine and palliative care physician and graduated from Northwestern Medical School. He works at Home Hospice as a liaison with our referring physicians and supervises the care provided by our team. He also sees patients in their homes when it is time to be recertified by Medicare or if additional evaluation is needed. If a Home Hospice patient does not have a physician, "Dr. Van" is able to assume the role of physician. Michelle Gunn, LVN, (left) is a new member of our nursing staff. She graduated from Grayson County College. Michelle will work with our weekend team and in support of our RN Case Managers to visit patients

as needed to care for their symptoms and ensure their comfort. Vicky Lindsey, LCSW, (center) is a Licensed Clinical Social Worker who rejoined our staff on January 3 as the Director of Psychosocial Services. She received her bachelor and masters degrees from University of Nevada at Las Vegas. Additionally, Vicky has 15 years experience in hospice and has been in private practice with a specialty in grief work. Our social workers visit patients and families and offer support and non medical guidance to the entire family. Vicky will also be working with our Bereavement and Spiritual Care staff.

Caregiver Support Group

The Caregiver Support Group meets the first Tuesday of the month from 1:00 to 2:30 p.m. at the Denison Public Library, which is located at 300 W. Gandy in Denison.

This group is open to all people caring for someone with a chronic or ongoing illness. Paula Perkins, LBSW, a Social Worker, at Home Hospice, leads the group. If you have questions about the group, please call Paula at 903-868-9315 or paula.perkins@homehospice.org.



The Eleventh Hour Program is a new service for patients and family members of Home Hospice.

The 11th Hour Program is offered if a patient or family member would like a volunteer to give comfort and a gentle presence during the last few hours of life.

The volunteers in this program are all Patient Care Volunteers and, in addition, have gone through additional extensive training in the final hours of the end-of-life experience.



The water feature in our Memory Garden is pictured on Wednesday, February 3.



SPOTLIGHT ON OUR NEW BOARD OF DIRECTORS



Ed Reid grew up in Sherman and has recently returned to Whitesboro with his wife Paula and his two schnauzers. He is very active in his church. Ed is a graduate of Fresno State University with a degree in Communication and Business. He has been in the banking business for 30 years. Currently he works as Vice President of Finance at Douglass Distributing. Ed says "I have seen firsthand the service Home Hospice offers, not only to the patient, but the family members as well."

Virginia O'Hanlon grew up in Minnesota, but moved to Texas as quick as she could! Ginny has a B.S. degree in accounting from Texas A&M University at Commerce and works in public accounting for Paula D. Mears, P.C. The most precious parts of her life are her husband, Adrian, and their sons-Adrian III, Ryan and Ross. They live in Gunter and are members of St. Mary's Catholic Parish. Ginny says, "I have seen firsthand the tremendous impact that Home Hospice has on people. It's been one of my favorite organizations for many years. My hope is that I will be able to 'giveback' more than I have received."



Lou Emerson grew up in Denison and graduated from Notre Dame University with a bachelor's degree in English. He graduated from the University of Houston Law School and has been in private law practice in Sherman since 1973. He and his wife Rui have three children and six grandchildren (with two more on the way.) Lou says, "I have always considered the hospice concept as being a unique way to help people at such a crucial time, not only for the terminally ill, but for their families and loved ones."

Lyn Jostes is also a new board member. He grew up in a small town north of Corpus Christi and received a bachelor and masters degree in accounting from The University of Texas at Austin and he is a CPA. He worked for Eastern Airlines before he and his wife SuAlice moved to Sherman in 1976, and opened the Burger King franchises in Sherman and Denison. He sold the business in 1995, and he and SuAlice enjoy travel. They have two grown children. Lyn says that his "initial interaction with hospice was in another community upon the death of my mother. I am excited about joining the Board of Home Hospice."



Highlights

Home Hospice™ of Grayson, Cooke & Fannin Counties

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Our Website

HFA Teleconference

The Hospice Foundation of America's annual teleconference is a wonderful opportunity to hear professionals in the hospice field. The topic this year is Spirituality and End of Life Care. There will also be a panel discussion of local professionals at the conclusion of the Teleconference.

Monday, April 18th from 4:30-7:30 p.m.

Muenster State Bank Community Room in Gainesville

There is no fee to attend the Teleconference, but registration is needed. CEU's are available at a nominal fee for many disciplines.

If you have questions, would like further information, or wish to register please contact Jolene Senek at 903-868-9315 or email jolene.senek@homehospice.org.

